

# PRODUCT MANUAL

## 1. Product Informaton

**Product Name:** EMS Toning Shorts

**Model:** BF-01

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## 2. Safety & Warnings

### ☐ Important Safety Information

Read all instructions before use. Failure to follow these instructions may result in damage to the product or personal injury.

- ☐  Warning: Keep the device and its cord out of reach of children under 3 years old.
- Do not expose to water or moisture.

## 3. Instructions for Use

Just plug it in and it's ready to use. The operation is extremely simple.