

Side Sleeping Knee Pillow



Model Number:	JYM044	Product Net Weight:	400g
Product Specification:	35*25*14cm	Hardness:	16 – Medium Soft
Outer Cover:	Pure Breathable Cotton	Color:	Gray
Filling Material:	Visco-Elastic Memory Foam	Pack ing:	Compressed

Suit For

1. Under a leg: It's made to benefit keep the proper space and align between legs, which reduces tension on the legs and lower back while providing the most comfortable sleep. If one leg is placed under the pillow for the leg, it improves blood circulation between the legs and relieves tension and muscle fatigue in the leg muscles.
2. Under an ankle: If one's ankle is positioned beneath the leg pinch pillow this helps keep an ankle relaxed posture, preventing excessive valgus and inversion and lessening the risk of ankle injuries. Additionally it eases the pressure on the ankle and offers the ankle with a cushion that provides comfort.
3. For side sleepers: Clip pillows provide relief by maintaining proper alignment between spine, legs and hips to alleviate tension on joints and spine; thus minimizing neck, back and hip discomfort that side sleepers might otherwise endure. Furthermore, leg pinch pillows offer added support by keeping legs from colliding against one another or colliding into ankles/knees causing potential collisions that lead to discomfort between legs or discomfort between ankles/knees resulting from collisions preventing collisions from ankles/knees thus further alleviating neck back/back and hip discomfort for side sleeping side sleeping side sleeping sufferers alike!
4. Between Knees: The primary function of leg pinch pillows between knees is to provide additional assistance and support to hips and knees, particularly those suffering from regular joint issues or who experience knee pain. Both knees were then put onto leg gripper cushions which maintain appropriate angles for their hips and knees while relieving tension from joints, relieving any potential discomfort which might develop due to joint pressure on joints – this may help alleviate pain in either area and offer much-needed comfort to these individuals.
5. Between Legs: The aim of placing a leg cushion between legs is to increase support and comfort, as well as help maintain normal space and alignment of thighs. Doing this reduces friction that could otherwise occur between knees, which could potentially cause irritation to skin or cause scrapes to the kneecaps; furthermore a leg pinch pillow could aid with maintaining normal hip posture, thus alleviating tension or pressure within hip joints.

MEMORY FOAM CARE I NSTRUCTI ONS

Do not wa s h t he i n n e r m e m o r y f o a m
 S p o t c l e a n o n l y
 A i r d r y o n l y
 D o n o t b l e a c h
 D o n o t d r y c l e a n
 D o n o t e x p o s e I n n e r m e m o r y f o a m
 t o t h e s u n l i g h t f o r l o n g t i m e

COVER CARE I NSTRUCTI ONS

M a c h i n e w a s h o n c o l d o r w a r m g e n t l e
 c y c l e
 (W a t e r t e m p e r a t u r e < 30°C / 86 °F)
 D o n o t u s e b l e a c h
 D o n o t d r y c l e a n
 T u m b l e d r y i n l o w h e a t o r h a n g d r y
 I r o n o n l o w h e a t