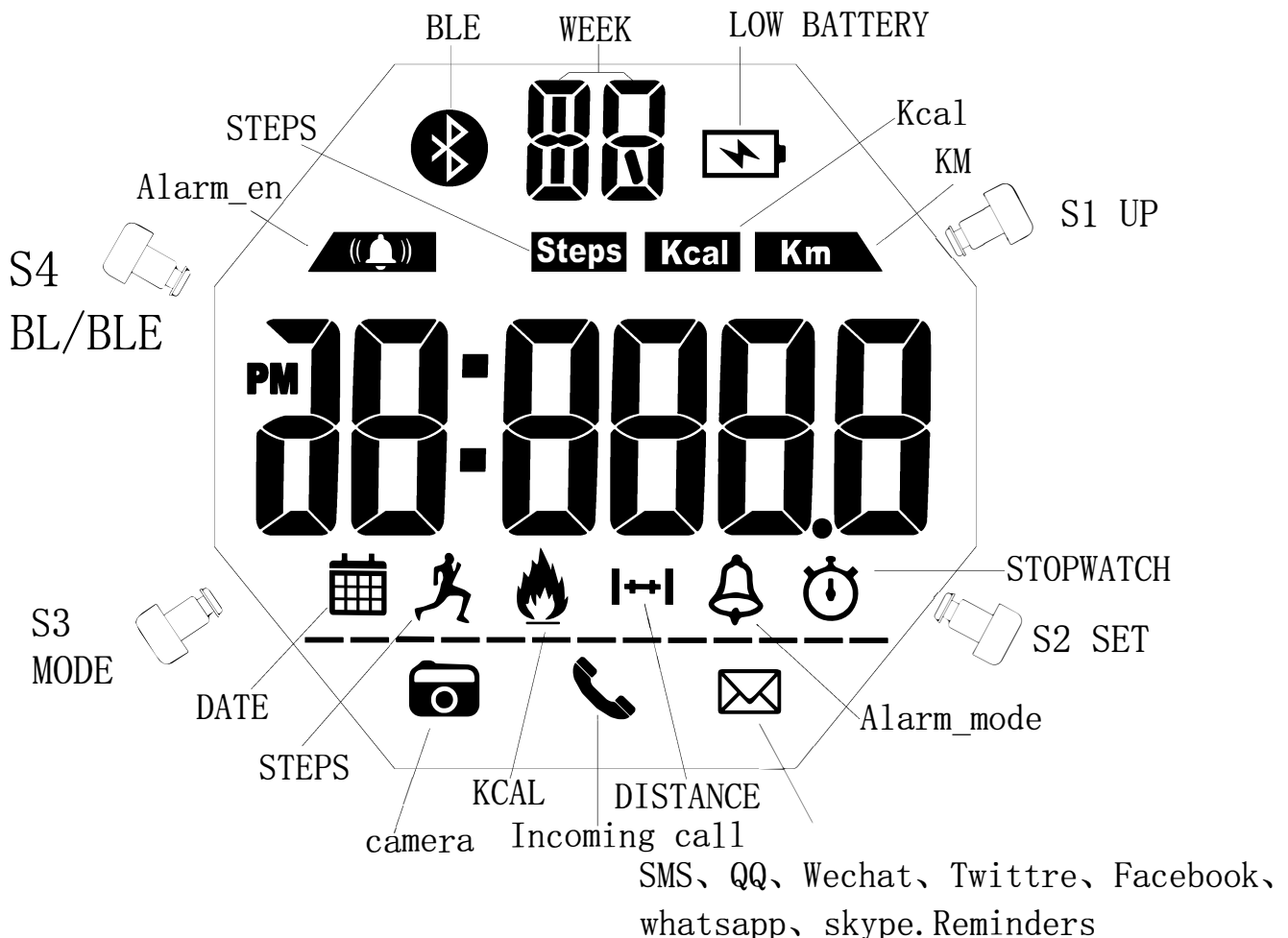


Manual

Full screen and button function



S1: up, pause. photograph S2:select, set, reset S3: mode, affirm, S4: BL(backlight) , BLE switch

Support 12 languages:

Simplified Chinese,

Traditional Chinese, English, Italian,

French, German, Russian

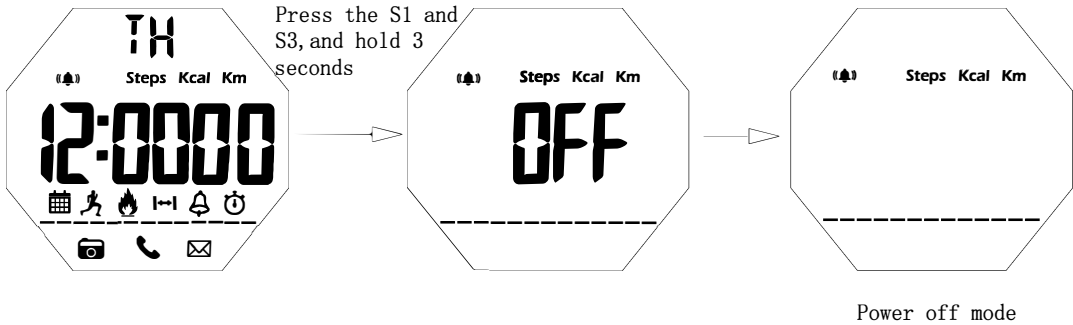
Spanish, Portuguese, Arabic, Korean, Japanese

Function description:

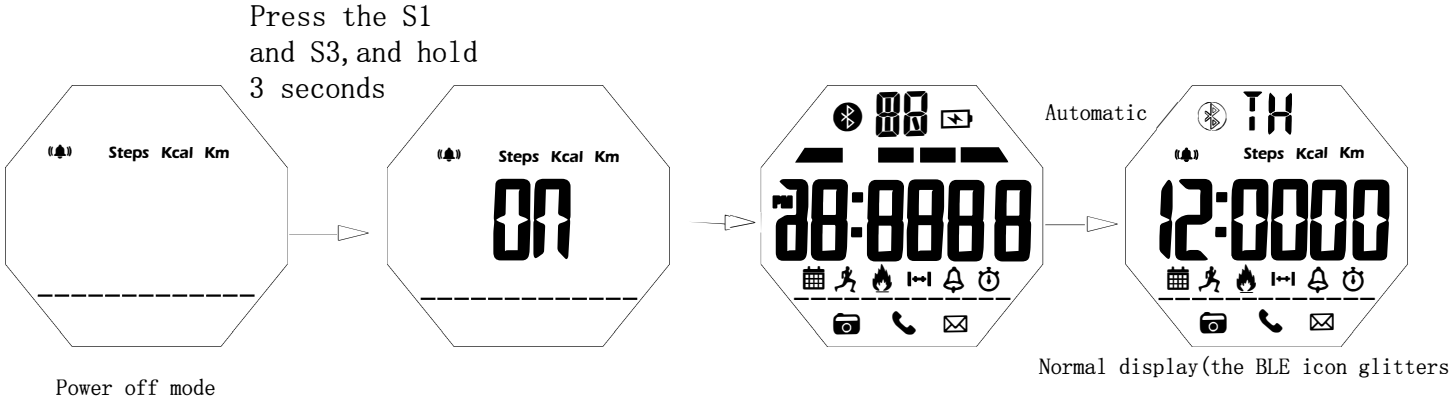
1. Eight bit display
2. 12/24 hourly select
3. 3D pedometer/calorie consumption/distance detection
4. Alarm clock function
5. Stopwatch function
6. BL (backlight) shine
7. Open and close BLE function
8. Motion data to share function
9. Motion data to save function
10. Smart sync the time, date, alarm clock time
11. Information alert
12. Remote camera function

Power on/off mode

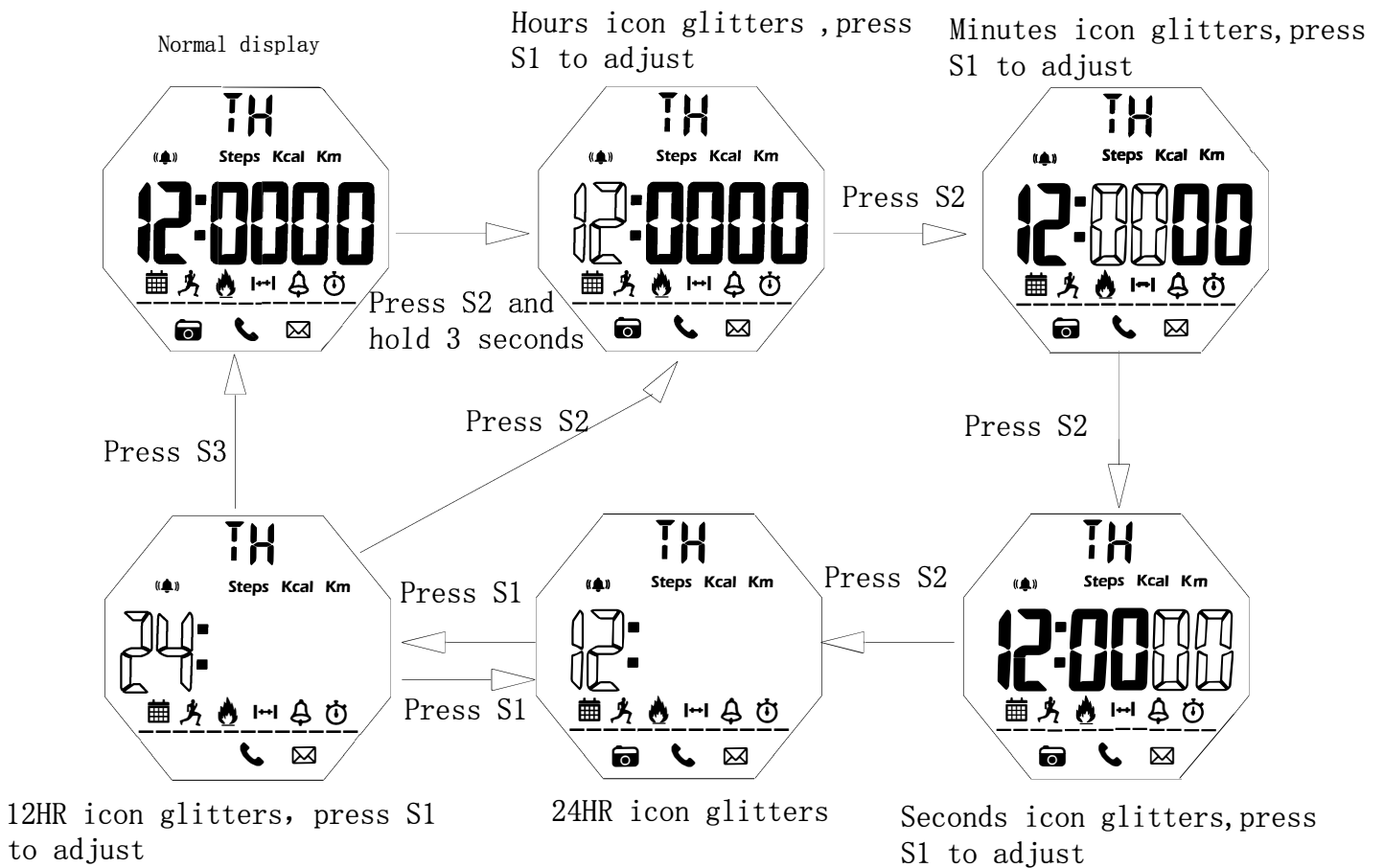
In the BLE close mode ,press the S1 and S3 and hold for three seconds



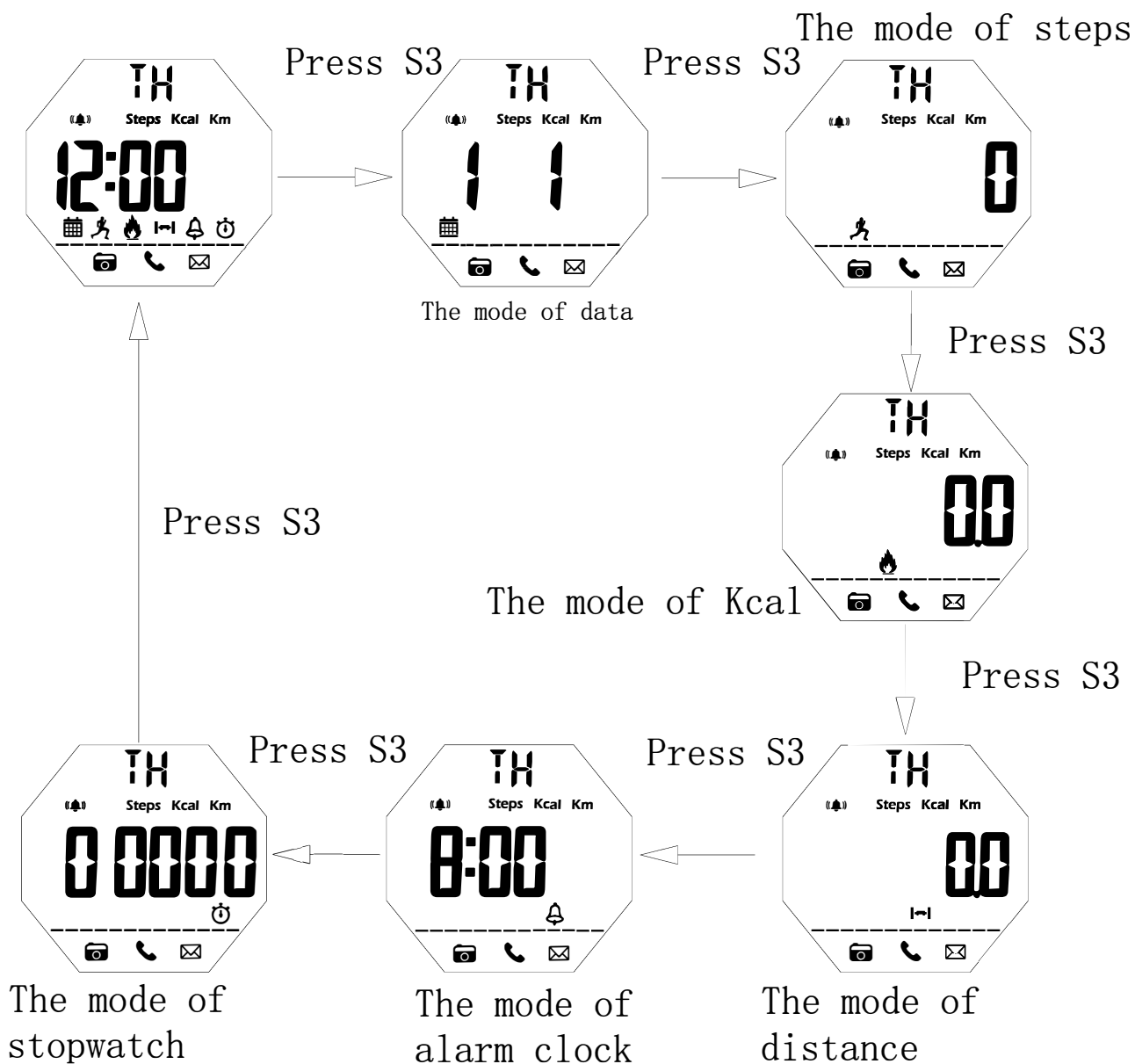
In the power off mode, press the S1 and S3 for three seconds



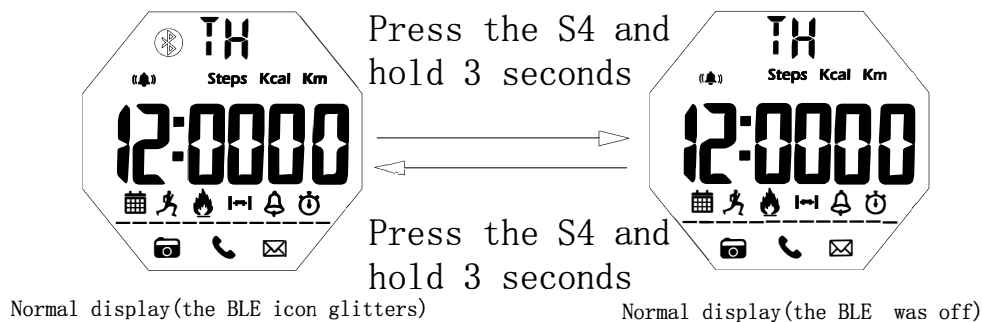
Time and 12HR/24HR Setting



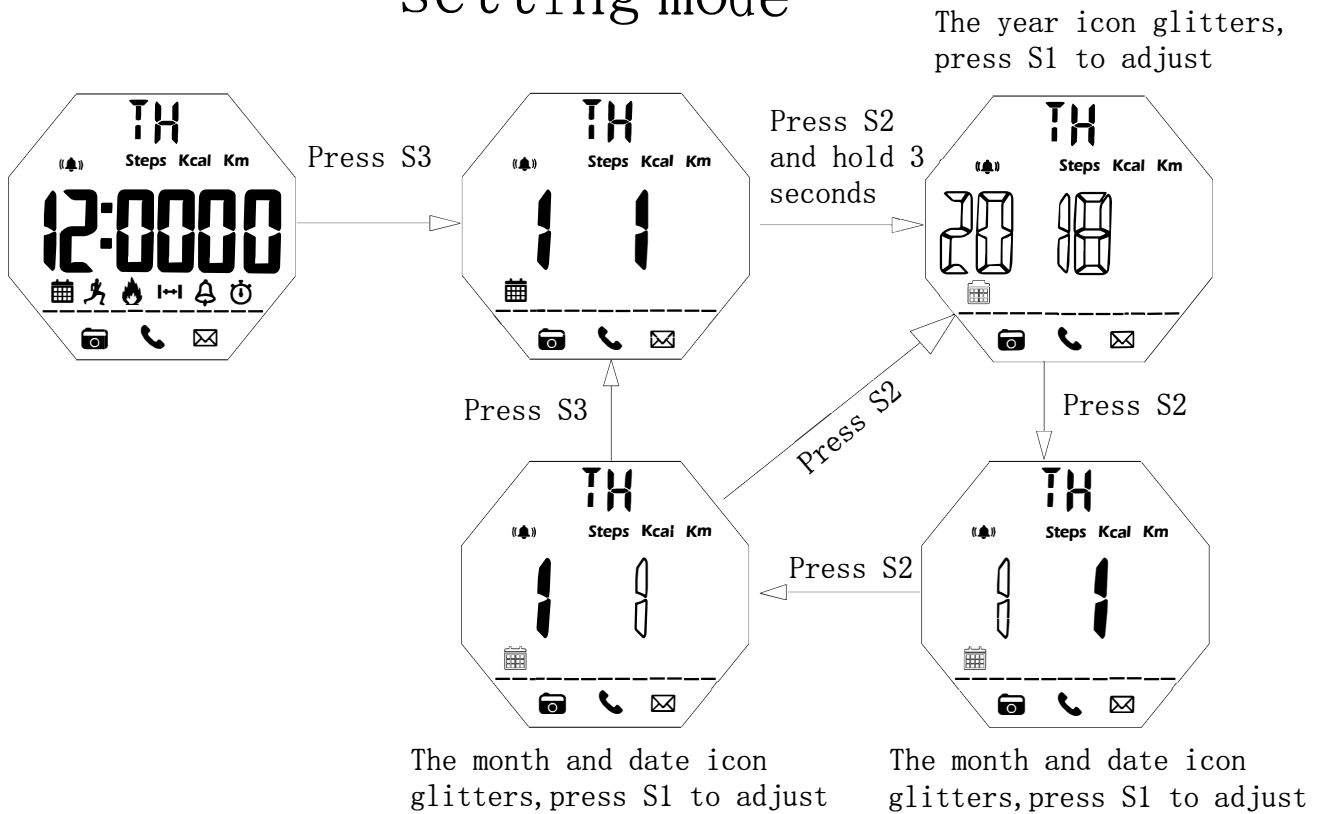
conversion mode



The mode of BLE switch



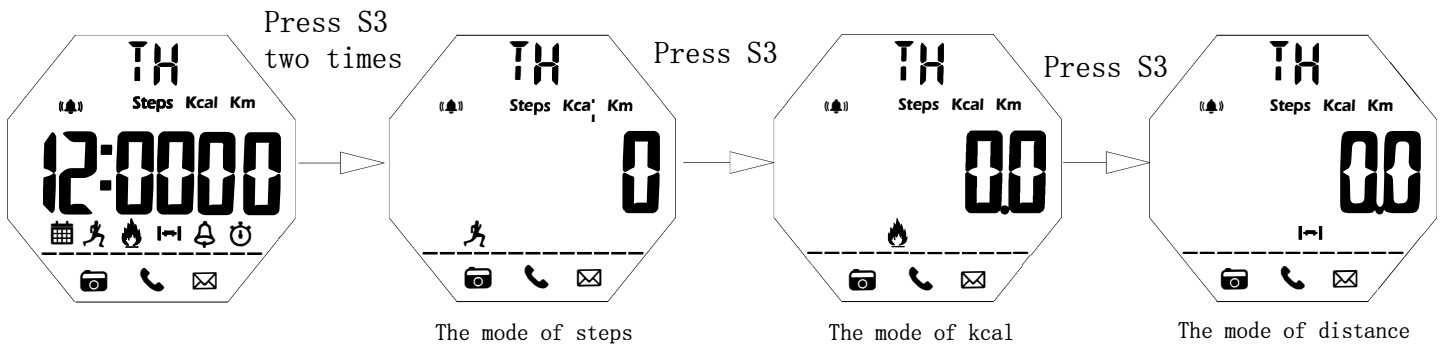
setting mode



Remarks:

1. The calendar rang from:2000-2099;
2. In any status of settings, if there is no confirm in 10 seconds, it will waiver and return to normal display ;
3. In any status of settings, press S3 to confirm and return to previous menu

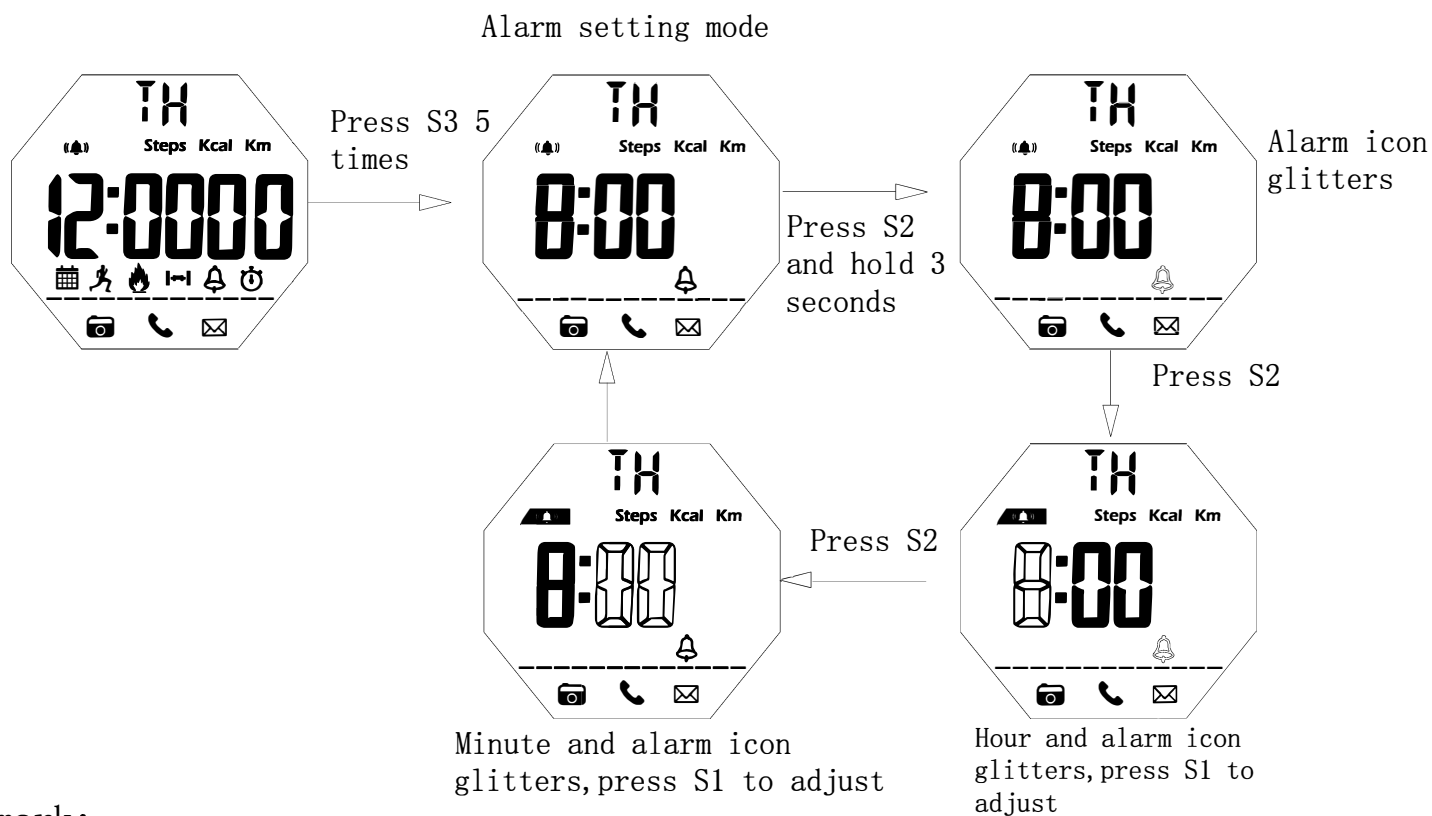
Check the real-time motion data of the day



Remark:

The default mode is 24 hours pedometer mode, the pedometer will be activated when more then ten steps to avoid wrong operation

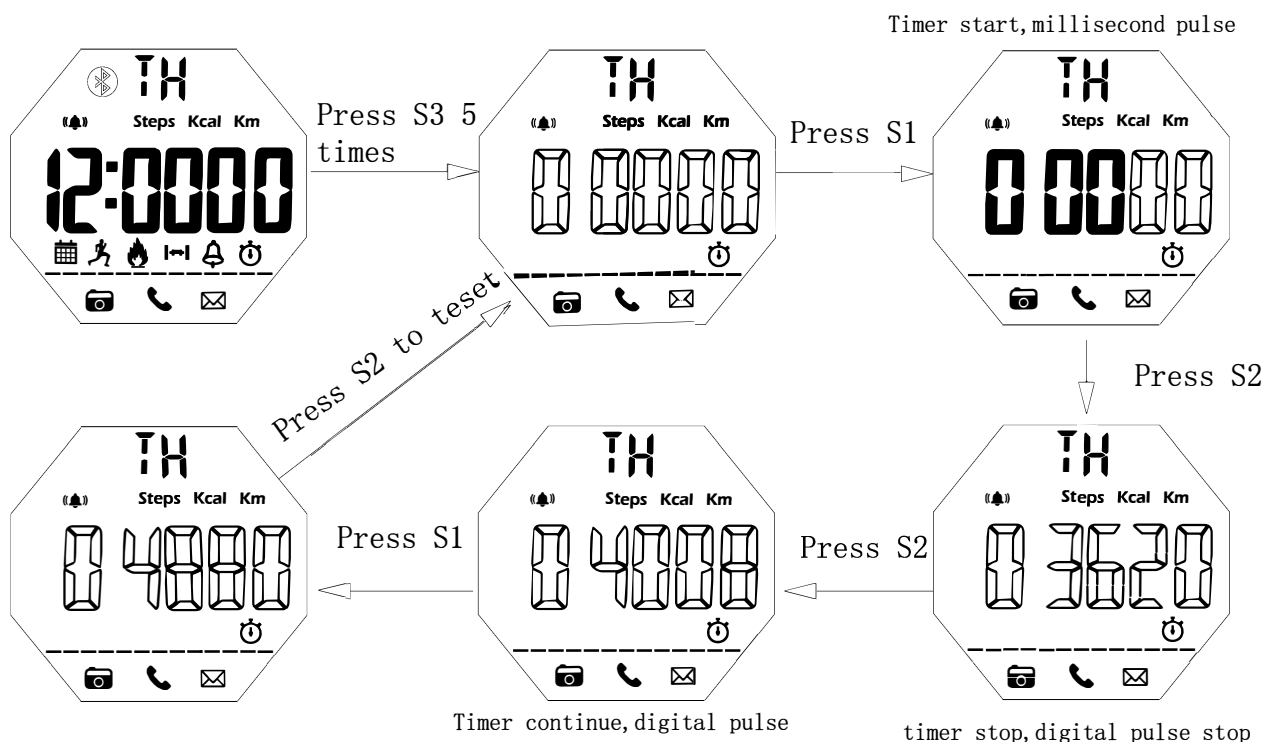
Alarm setting mode



Remark:

The watch will send "beep beep" sound to remind when reach the time of alarm clock

Stopwatch setting mode



Remarks:

1. The stopwatch timer maximum valum is 23:59:59, the first 23 minute 59.99 seconds to the millisecond, and then to the second,
2. When the stopwatch timer reaches its maximum value, it will return to zero and timer again
3. If stopwatch timer don't return to zero, the timer continue in any mode

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(2).Domestic android: Scan the QR code below figure 7

(3).Apple Ios: scan QR code below figure 5

Keywords search to download and install the APP

(1)Foreign android: Foreign/Hong Kong, Macao and Taiwan regions China users search the keyword "sports+" in the Google Play

(2)Domestic android: search the keyword "sportplus" in the Myapp

(3)Apple ios: Search the keyword "sports+ by guanghai" in the App store(NOTE :there is a space before and after "by")



figure 5(IOS App QR code)



Figure 6(Android for google play)



Figure 7 Android for China(Myapp)