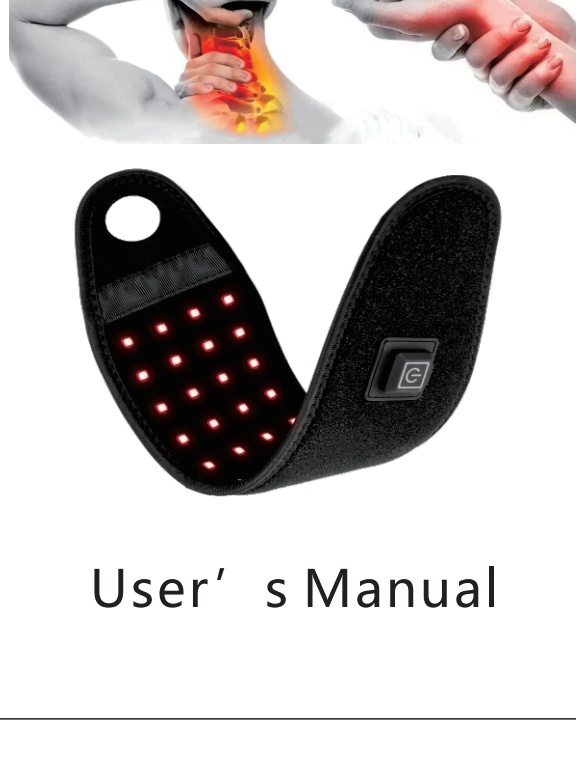


Red & Infrared Light Therapy Hand Wrist Wrap



User' s Manual

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GETTING STARTED

Congratulations on choosing your Hand Wrist Light Therapy Wrap Device! Please carefully read the owner' s manual before using the product.

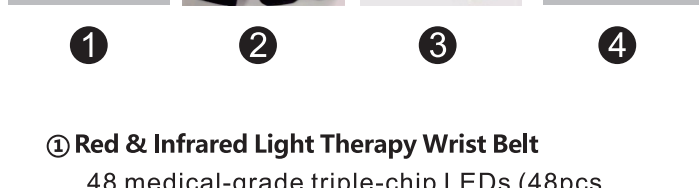
The red light wrist wrap is a top-notch product, light therapy targeted for the Local body, easy to use and effective. Being patented, highly flexible and clinically effective, this powerful red & infrared light therapy device is able to provide with you amazing results.

PRODUCT WARRANTY

Warranty period and service purpose:
2 Year Warranty & 24hrs/7days Non-Stop Customer Service.

1. We earnestly hope and strongly recommend that you carefully read the User Guide and Common Troubleshooting during the use of the product, which will not only allow you to enjoy the red light therapy more safely, but also prolong the service life of the product and reduce unnecessary trouble of returning and replacing.
2. If you have any questions in the process of using this product, please feel free to send an email to the after-sales and we will help you solve any trouble within 24 hours.

IN THE BOX

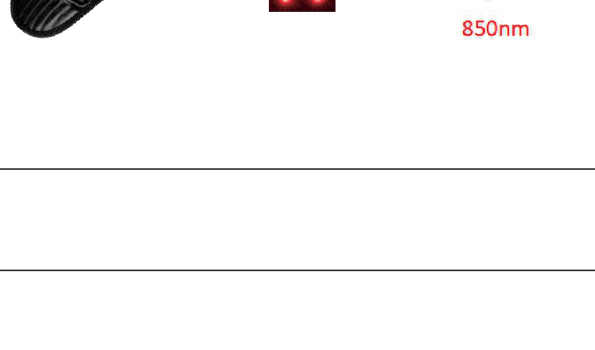


- ① **Red & Infrared Light Therapy Wrist Belt**
48 medical-grade triple-chip LEDs (48pcs 660nm + 96pcs 850nm)Multi function and Purpose can be choice,unique thumb loop design.
- ② **Long Velcro Straps**
30.71in long velcro straps easily adapt to comparatively bigger body parts, such as Waist, hips, abdomen, thighs, upper back,shoulder...
- ③ **USB - Typc C Power Cable**
76in is enough movable length to be plugged into a USB port(input voltage and current of 5V2A) ,usb adapter, socket, power bank, computer or other USB port-powered devices.
- ④ **User' s Manual**

Product Specifications

- Product Size: 40*10cm/15.75*3.94in
- Product Weight: 90g/0.2lb
- Material: Fabric+LED,velvet inner lining
- LED Light therapy area size: 11.8*3.2in
- Power Consumption: 9 W
- Power Bank: Support (Not Included)
- 3 Mode Adjustment: ①100% intensity red & infrared light; ②50% intensity red & infrared light;③10 Pulse + 660nm & 850nm.
- LED Quantity: 48 medical-grade triple-chip LEDs (48pcs 660nm + 96pcs 850nm)Multi function and Purpose can be choice, unique thumb loop design.
- Timing: Auto off after 30 minutes.

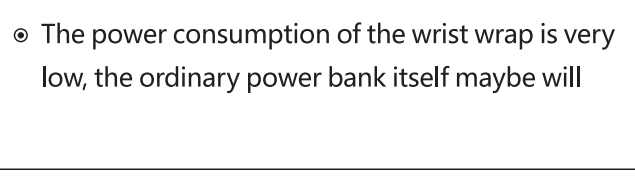
- Function: Targeted relief the joint of hand wrists finger (stiffness/numbness/soreness/inflammation/s welling/holding baby often/joint sprain/mouse hand). Effective prevention and decrease carpal tunnel, tendonitis, arthritis, inflammation.
- Feature: Targeted small area therapy. Convenient fixed thumb hole, fit the curvature of the wrist region better design and universal power jack(USB-Type C) compatible with a variety of power source devices. Velvet inner lining, more Skin -friendly and comfortable.



SETTING UP

USB Charger

- Connect the USB port to the usb wall socket(input voltage and current of 5V2A) and then connect the other end to the Typc C Interface of button position.



Power Bank(Not Included)

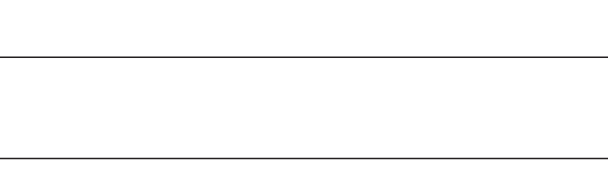
- When using your own power bank, ensure the power bank is fully charged. you will simply plug the end of the power bank cable into the belt.

*IMPORTANT

- The power consumption of the wrist wrap is very low, the ordinary power bank itself maybe will

start a low-current disconnection program, which will cause the wristband to fail to work normally. (At this time, please insert the power cord into the usb socket or 5V2A adapter and connect to the power supply, press and hold for 3 seconds to restart, if it still cannot start, please contact the seller).

Key operation



It has 3 light therapy modes that you select by pressing the power button and cycling through each of the functions.

1. Connect the power Switch light is on [White].

2. Press & hold for 2s to Turn on Switch light is on (Red), 100% brightness red & infrared light is on

3. Short press the switch Switch light is on (Blue), 50% brightness red & infrared light is on

4. Short press the switch Switch light is on (Green), red light/infrared light flashes (10Hz Pulse)

5. Press & hold for 2s to Turn off

USING SUGGESTIONS

1. Basic Matters:

- ① Long press the power button to Turn on/off the Device. Short press loop switching different therapy modes.

- ② 2 power options (a usb cord connector or an

actual plug that means you could power it with a battery pack(not included), car or laptop). Note - it does need to be attached to power for use.

- ③ Wrist movement is restricted as much as you wish depending on how tight you make the wrap.

- ④ It has three modes - each of which changes the length of time the device stays on.

- ⑤ Regardless of left and right hand for free wear, also use for limbs.

- ⑥ If it just didn't work for you and your type of pain - might work for others though!(You can also give it to other family members to try.)

2. Suggestions for 3 options mode selection:

1.660nm red light for superficial skin care, such as reduced age spots on the back of hands, smooth fine lines & wrinkles, and Speed up healing time. 850nm near infrared penetrante into deeper tissues enough, effective prevention

and decrease carpal tunnel, tendonitis, arthritis, inflammation

Pulse mode penetration depth is relatively deep without generating a large amount of heat. It is mainly aimed at two situations: one is severe inflammation, and the other is customers who are sensitive to light or temperature. 100% intensity 660nm+850nm, 50% intensity 660nm+850nm and 10Hz pulse 660nm+850nm, please choose the above suggestions according to your own situation.

3. Recommendations for different calorific needs

- 1.Need less heat in use: using the 50% intensity 660nm+850nm mode, 10Hz pulse 660nm+850nm mode or wrap around a little looser.
- 2.Need more heat in use: using the 100% intensity 660nm+850nm mode or wrap around a little tighter.

CONTRAINDICATIONS

Lipo-alternatives should not be used by pregnant women or individuals with active cancer.

Individuals with compromised liver or kidney function should not undergo red light therapy for slimming purposes.

Get your doctor' s permission before using your product if:

You have any serious illness or injury not mentioned in this guide.

You have recently undergone a surgical procedure.

You want to use it on a young child.

Note:

If you are in any other doubt about using your product, please consult your doctor before use.

Do not iron the wrap

Do not tumble dry the wrap

Do not use bleach

Do not dry clean the wrap

Contact Need personal attention?

While we offer some therapy suggestions, we cannot give medical advice, but we will do our best to clarify your concerns and give you the best suggestion on how to get the most out of our therapy wrap.

Red light therapy is a safe, non-invasive, gradual form of physical therapy with virtually zero risks and side effects. The limitations are also obvious. It can only be used for local physical therapy and local skin care; it needs to be used consistently to see the effect, and it can only be used as an auxiliary treatment method and cannot completely replace drug treatment. Therefore, according to the specific symptoms of each patient, there will be different physical therapy effects. There is no one medical device that can cure all diseases. If our products do not improve your symptoms, please understand fully. You can send us emails or messages to give us feedback on your situation, and we will give you the most effective solution. Physiotherapy suggestions can help you get rid of the pain as soon as possible and find a more effective treatment method.

Finally, I hope that all customers who buy my products are in good health, and the products can fulfill their mission to get rid of your ailments. If not, I will try my best to recover your loss and let you find a more direct and effective way on the road to health.

DISCLAIMER

This product has not been evaluated by the food and drug administration (FDA). It is not intended to diagnose, treat, cure, or prevent any disease. Consult a licensed physician with any questions or concerns you might have regarding the use of this product and any special condition you may have. The LED phototherapies product is based on the pioneering cold light research from National Aeronautics and Space Administration (NASA) and leading clinicians. does not use

surgery, lasers, freezing, ultrasound cavitation, microwaves, or radio frequency (RF). This wrap does not conform to FDA federal laser product performance standard. You agree that neither firm, nor its officers, directors, employees, agents, information providers, or suppliers shall have any liability to you under any theory of liability or indemnity in connection with your use of this product. You hereby release and forever waive any and all claims you may have against firm, its officers, directors, employees, agents, information providers, or suppliers (including but not limited to claims based upon the supplier, its officers, directors, employees, agents, information providers, or suppliers) for losses or damages you sustain in connection with your use of the product.